Use Always-On display with your iPhone 14 Pro or iPhone 14 Pro Max

With Always-On display, your iPhone 14 Pro or iPhone 14 Pro Max dims the Lock Screen while still showing helpful information, like the time, widgets, and wallpaper, all while using new technologies that make the display incredibly power efficient. Learn how to use Always-On display.

Learn about Always-On display

Your iPhone 14 Pro or iPhone 14 Pro Max display can operate with a refresh rate as low as 1 Hz with a new low-power mode, and uses improved technology that allows the display to dim the entire Lock Screen. The display dims when you lock your device or leave it idle. Always-On display also uses multiple coprocessors in the A16 Bionic to refresh the display using minimal power.

Always-On display is on by default on iPhone 14 Pro and iPhone 14 Pro Max.

To interact with your iPhone, raise it, tap the screen, or press the side button. If you use Raise to Wake, raising and looking at your iPhone wakes your iPhone as usual. You can also swipe up from the bottom of your display to wake iPhone and activate Face ID authentication.

Personalize your Lock Screen

You can customize your Always-On display by personalizing your Lock Screen with photos, wallpapers with stylized fonts and colors, and widgets.

Learn how to customize the Lock Screen ›

Always-On display goes dark when you don't need it

To save battery life, the display is completely dark when:

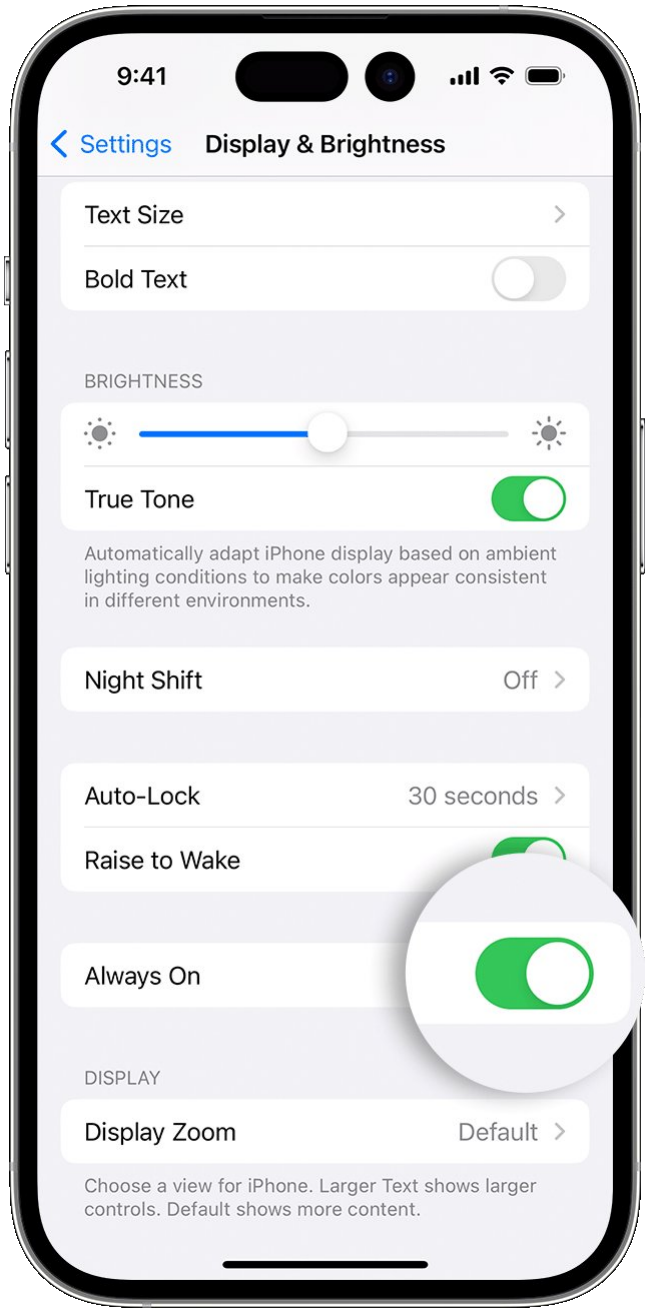
- Your iPhone is lying face down
- Your iPhone is in your pocket or bag
- Sleep Focus is on
- Low Power Mode is on
- Your iPhone is connected to CarPlay
- You're using Continuity Camera
- You haven't used your iPhone for a while (your iPhone learns your activity patterns and turns the display off and on accordingly, including if you set up an alarm or sleep schedule)
- Your iPhone detects that you moved away from it with a paired Apple Watch (Always-On display will turn on when your Apple Watch is close to your iPhone

again)

Turn Always-On display off or on

Always-On display is on by default on iPhone 14 Pro and iPhone 14 Pro Max. To turn Always-On display off or on, follow these steps:

1. Go to Settings > Display & Brightness.
2. Scroll down to Always On and turn Always-On display off or on.



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